



PROGRESSIVE EXTRACTIONS & EXPORTS LIMITED

CIN No - L15141MP1981PTC001759

REGD. OFFICE : SHRI MOHAN PARISAR, 232, ZONE -

MAHARANA PRATAP NAGAR, BHOPAL - 462 011 INDIA

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MAHARANA PRATAP NAGAR, BHOPAL - 462 011 INDIA

Date 7th June, 2014

Department of Corporate Services,
BSE Ltd.,
P J Towers, Ground Floor,
Dalal Street,
Fort, Mumbai - 400 001

Kind Attn: Ms. Hetal Kotak / Mr. Troydon Bird,
AGM / DM

Ref : Progressive Extractions & Exports Ltd. (Scrip Code 531265)

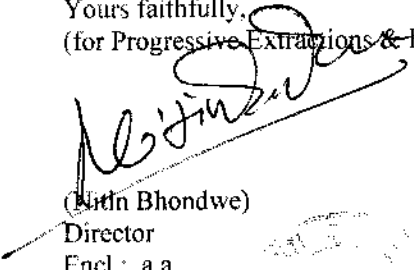
Sub : Submission of Share Holding pattern for the quarter ended on 30th June, 2014.

With reference to the subject cited above, we are enclosing herewith Share holding pattern for the quarter ended on 30th June, 2014, towards compliances of listing agreement clause 35.

We request you to kindly take the above on record.

Thanking you,

Yours faithfully,
(for Progressive Extractions & Exports Ltd.)


(Nitin Bhondwe)
Director
Encl : a.a

Name of the Company:		PROGRESSIVE EXTRATION & EXPORTS LTD	
Scrip Code, Name of the scrip, class of security:		531265	
Quarter ended:		30/06/2014	
Partly paid-up shares:-	No. of partly paid-up shares	As a % of total no. of partly paid-up shares	As a % of total no. of shares of the company
Held by promoter/promoter group	0	NIL	0
Held by public	0	NIL	0
Total - D	NIL	NIL	NIL
Outstanding convertible securities:-	No. of outstanding securities	As a % of total no. of outstanding convertible securities	As a % of total no. of shares of the company, assuming full conversion of the convertible securities
Held by promoter/promoter group	0	NIL	NIL
Held by public	0	NIL	NIL
Total - E	NIL	NIL	NIL
Warrants:-	No. of warrants	As a % of total no. of warrants	As a % of total no. of shares of the company, assuming full conversion of warrants
Held by promoter/promoter group	0	NIL	NIL
Held by public	0	NIL	NIL
Total - F	NIL	NIL	NIL
Total paid-up capital of the company, assuming full conversion of warrants and convertible securities	3604400		

for Progressive Extractions & Exports Limited

(Signature)
 (Nitija Bhondwe)
 Director
 Date: 07.07.2014



Statement Showing Shareholding Pattern
 Name of the Company : Progressive Extractions & Exports Limited
 Scrip Code : 532265 Quarter Ended : 30.06.2014

Category code	Category of Shareholder	Number of Shareholders	Total number of shares	Number of shares held in dematerialized form	Table (I)(a)		Shares Pledged or otherwise encumbered	
					As a percentage of(A+B) ¹	As a percentage of (A+B+C)	Number of shares	As a percentage
(A)	Shareholding of Promoter and Promoter Group²							
1	Indian							
(a)	Individuals/ Hindu Undivided Family	9	2680600	1585300	74.37	74.37	0	0.00
(b)	Central Government/ State Government(s)	0	0	0	0.00	0.00	0	0.00
(c)	Bodies Corporate	0	0	0	0.00	0.00	0	0.00
(d)	Financial Institutions/ Banks	0	0	0	0.00	0.00	0	0.00
(e)	Any Others (Specify)	0	0	0	0.00	0.00	0	0.00
(e-i)	Other Individuals	0	0	0	0.00	0.00	0	0.00
(e-ii)	Mutual Fund	0	0	0	0.00	0.00	0	0.00
(e-iii)	Body Corp in Concert	0	0	0	0.00	0.00	0	0.00
(e-iv)	Non Government Institutions	0	0	0	0.00	0.00	0	0.00
	Sub Total(A)(1)	9	2680600	1585300	74.37	74.37	0	0.00
2	Foreign							
a	Individuals (Non-Residents Individuals/ Foreign Individuals)	0	0	0	0.00	0.00	0	0.00
b	Bodies Corporate	0	0	0	0.00	0.00	0	0.00
c	Institutions	0	0	0	0.00	0.00	0	0.00
d	Any Others (Specify)	0	0	0	0.00	0.00	0	0.00
	Sub Total(A)(2)	0	0	0	0.00	0.00	0	0.00
	Total Shareholding of Promoter and Promoter Group (A)= (A)(1)+(A)(2)	9	2680600	1585300	74.37	74.37	0	0.00
(B)	Public shareholding							
1	Institutions							
(a)	Mutual Funds/ UTI	0	0	0	0.00	0.00	0.00	0.00
(b)	Financial Institutions/ Banks	0	0	0	0.00	0.00	0.00	0.00
(c)	Central Government/ State Government(s)	0	0	0	0.00	0.00	0.00	0.00
(d)	Venture Capital Funds	0	0	0	0.00	0.00	0.00	0.00
(e)	Insurance Companies	0	0	0	0.00	0.00	0.00	0.00
(f)	Foreign Institutional Investors	0	0	0	0.00	0.00	0.00	0.00
(g)	Foreign Venture Capital Investors	0	0	0	0.00	0.00	0.00	0.00
(h)	Any Other (specify)	0	0	0	0.00	0.00	0.00	0.00
	Sub-Total (B)(1)	0	0	0	0.00	0.00	0.00	0.00
B 2	Non-institutions							
(a)	Bodies Corporate	6	16000	16000	0.44	0.44	0	0.00
(a-i)	Corporate Client Bene	0	0	0	0.00	0.00	0	0.00
(a-ii)	Corporate client Margin	0	0	0	0.00	0.00	0	0.00
(a-iii)	Corporate Body (Offer)	0	0	0	0.00	0.00	0	0.00
(b)	Individuals							
i	Individuals - Individual shareholders holding nominal share capital up to Rs 1 lakh	786	443400	143500	12.30	12.30	0	0.00
ii	Individual shareholders holding nominal share capital in excess of Rs 1 lakh	8	464400	240700	12.88	12.88	0	0.00
(c)	Any Other (specify)	0	0	0	0.00	0.00	0	0.00
(c-i)	NRI Individuals (Non Rep)	0	0	0	0.00	0.00	0	0.00
(c-ii)	OCB	0	0	0	0.00	0.00	0	0.00
(c-iii)	Foreign Bodies	0	0	0	0.00	0.00	0	0.00
(c-iv)	NRI (Repatriation)	0	0	0	0.00	0.00	0	0.00
	Sub-Total (B)(2)	800	923800	400200	25.63	25.63	0	0.00
(B)	Total Public Shareholding (B)= (B)(1)+(B)(2)	800	923800	400200	25.63	25.63	0	0.00
	TOTAL (A)+(B)	809	3604400	1985500	100.00	100.00	0	0.00
(C)	Shares held by Custodians and against which Depository Receipts have been issued							
(1)	Promoter and Promoter Group	0	0	0	0.00	0.00	0	0.00
(2)	Public	0	0	0	0.00	0.00	0	0.00
	GRAND TOTAL (A)+(B)+(C)	809	3604400	1985500	100	100	0	0.00

Notes:

- 1 For determining public shareholding for the purpose of Clause 40A
- 2 For definitions of Promoter and Promoter Group, refer to Clause 40A
- 3 Public shareholding

for Progressive Extractions & Exports Limited

(Nan Bhondwe)
 Director
 Date 07.07.2014



Statement Showing Shareholding Pattern

Name of the Company : Progressive Extractions & Exports Limited

Script Code : 532265

Quarter Ended : 30.06.2014

(1)(b) Statement showing Shareholding of persons belonging to the category
"Promoter and Promoter Group"

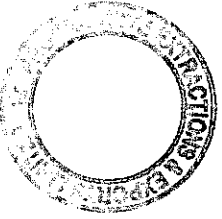
Sr. No.	Name of the shareholder	Details of Shares held			Encumbered shares (*)			Details of warrants			Details of convertible securities			Total shares (including underlying shares assuming full conversion of warrants and convertible securities) as a % of diluted share capital
		Number of shares held	As a % of grand total (A)+(B)+(C)	No.	As a percentage (VI)=(V)/(III)*100	As a % of grand total (A)+(B)+(C) of sub-clause (I)(a)	Number of warrants held	As a % total number of warrants of the same class	Number of convertible securities held	As a % total number of convertible securities of the same class	(XII)			
(I)	(II)	(III)	(IV)	(V)	(VI)	(VII)	(VIII)	(IX)	(X)	(XI)	(XII)			
1	AMARKANTAK FARMS PVT LTD	1081300	29.999	0	0.00	0.000	0.000	0.000	0.000	0.000	29.999			
2	BETWA FINLEASE PVT.LTD.	1081900	30.016	0	0.00	0.000	0.000	0.000	0.000	0.000	30.016			
3	BETWA REALTORS PVT LTD.	300400	8.334	0	0.00	0.000	0.000	0.000	0.000	0.000	8.334			
4	BRJUKUNWAR DEVI MAHESHWARI	7000	0.194	0	0.00	0.000	0.000	0.000	0.000	0.000	0.194			
5	PRAFULLA MAHESHWARI	8000	0.222	0	0.00	0.000	0.000	0.000	0.000	0.000	0.222			
6	RENU MAHESHWARI	7000	0.194	0	0.00	0.000	0.000	0.000	0.000	0.000	0.194			
7	SUNDEEP MAHESHWARI	181000	5.022	0	0.00	0.000	0.000	0.000	0.000	0.000	5.022			
8	SUNJEEV MAHESHWARI	7000	0.194	0	0.00	0.000	0.000	0.000	0.000	0.000	0.194			
9	LUMA MAHESHWARI	7000	0.194	0	0.00	0.000	0.000	0.000	0.000	0.000	0.194			
Total		2680600	74.370	0	0.00	0.000	0.000	0.000	0.000	0.000	74.370			

for Progressive Extractions & Exports Limited

(Mukin Bhandwke)

Director

Date: 07.07.2014



Statement Showing Shareholding Pattern

Name of the Company : Progressive Extractions & Exports Limited

Script Code : 532265

Quarter Ended : 30.06.2014

(1)(ii) Statement showing Shareholding of persons belonging to the category "Public" and holding more than 5% of the total number of shares

Sr. No.	Name(s) of the shareholder(s) and the Persons Acting in Concert (PAC) with them	Number of shares	Shares as a percentage of total number of shares i.e., Grand Total (A)+(B)+(C) indicated in Statement at para (1)(a) above}	Details of warrants		Details of convertible securities		Total shares (including underlying shares assuming full conversion of warrants and convertible securities) as a % of diluted share capital
				Number of warrants	As a % total number of warrants of the same class	Number of convertible securities held	% w.r.t total number of convertible securities of the same class	
1	ECONOTECH SERVICES (P) LTD	181200	5.027	0.000	0.000	0.000	0.000	5.027
Total		181200	5.027	0.000	0.000	0.000	0.000	5.027

for Progressive Extractions & Exports Limited

(Signature)

(Nitin Bhondwe)

Director

Date: 07.07.2014



Name of the Company : Progressive Extractions & Exports Limited

Scrip Code : 532265

Quarter Ended : 30.06.2014

(D)@-i Statement showing Shareholding of persons belonging to the category "Public" and holding more than 1% of the total number of shares

Sr. No.	Name of the shareholder	Number of shares held	Shares as a percentage of total number of shares i.e., Grand Total (A)+(B)+(C) indicated in Statement at para (D)(a) above}	Details of warrants		Details of convertible		Total shares (including underlying shares assuming full conversion of warrants and convertible securities) as a % of diluted share capital
				Number of warrants held	As a % total number of warrants of the same class	Number of convertible securities held	% w.r.t total number of convertible securities of the same class	
1	SUNITA MEHRA	90500	2.511	0.000	0.000	0.000	0.000	2.511
2	SEEMA UMESH PODDAR	70800	1.964	0.000	0.000	0.000	0.000	1.964
3	PREMLATA	39500	1.096	0.000	0.000	0.000	0.000	1.096
4	ECONOTECH SERVICES (P) LTD	181200	5.027	0.000	0.000	0.000	0.000	5.027
Total		382000	10.598	0.000	0.000	0.000	0.000	10.598

for Progressive Extractions & Exports Limited

(Arjun Bhondwe)

Director

Date: 07.07.2014



Statement Showing Shareholding Pattern

Name of the Company : Progressive Extractions & Exports Limited


Scrip Code : 532265

Quarter Ended : 30.06.2014

(D)(d) Statement showing details of locked-in shares

Sr. No.	Name of the shareholder	Number of locked-in shares	Locked-in shares as a (%) percentage of total number of shares {i.e., Grand Total (A)+(B)+(C) indicated in Statement at para (D)(a) above}	Promoter / Promoter Group / Public
1	BETWA REALTORS PVT LTD.	300400	8.334	Promoter/Promoter Group
2	BETWA FINLEASE PVT.LTD.	1081900	30.016	Promoter/Promoter Group
3	RENU MAHESHWARI	7000	0.194	Promoter/Promoter Group
4	SUNDEEP MAHESHWARI	181000	5.022	Promoter/Promoter Group
5	PRAFULLA MAHESHWARI	8000	0.222	Promoter/Promoter Group
6	BRJIKUNWAR DEVI MAHESHWARI	7000	0.194	Promoter/Promoter Group
7	SUNJEEV MAHESHWARI	7000	0.194	Promoter/Promoter Group
8	UMA MAHESHWARI	7000	0.194	Promoter/Promoter Group
9	AMARKANTAK FARMS PVT LTD	1081300	29.999	Promoter/Promoter Group
Total		2680600	74.370	

for Progressive Extractions & Exports Limited



(Nitin Bhondwe)

Director

Date: 07.07.2014



Progressive Extractions & Exports Ltd.

Registered Office : 232, Zone I, M. P. Nagar, BHOPAL-011 (M.P.)

Statement Showing Shareholding Pattern

Name of the Company : Progressive Extractions & Exports Limited


Scrip Code : 532265

Quarter Ended : 30.06.2014

(D)(a) Statement showing details of Depository Receipts (DRs)

Sr. No.	Type of outstanding DR (ADRs, GDRs, SDRs, etc.)	Number of outstanding DRs	Number of shares underlying outstanding DRs	Shares underlying outstanding DRs as a percentage of total number of shares {i.e., Grand Total (A)+(B)+(C) indicated in Statement at para (D)(a) above}
1	NIL	Nil	Nil	Nil
Total		0	0	0

for Progressive Extractions & Exports Limited



(Nitin Bhondwe)

Director

Date: 07.07.2014



Statement Showing Shareholding Pattern

Name of the Company : Progressive Extractions & Exports Limited

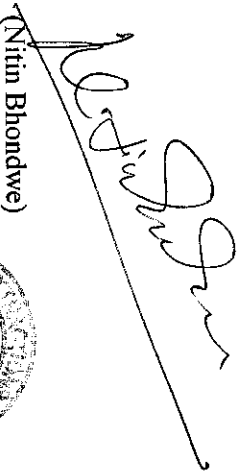
Script Code : 532265

Quarter Ended : 30.06.2014

(II)(b) Statement showing Holding of Depository Receipts (DRs), where underlying shares held by 'promoter/promoter group' are in excess of 1% of the total number of shares.

Sr. No.	Name of the DR Holder	Type of outstanding DR (ADRs, GDRs, SDRs, etc.)	Number of shares underlying outstanding DRs	Shares underlying outstanding DRs as a percentage of total number of shares {i.e., Grand Total (A)+(B)+(C) indicated in Statement at para (I)(a) above}
1	NIL		Nil	Nil
Total			0	0

for Progressive Extractions & Exports Limited



(Nitin Bhondwe)

Director

Date: 07.07.2014

